

Port Colborne Minor Hockey Association

Return to Play Safety Measures and Guidelines

The Port Colborne Minor Hockey will be working with the City of Port Colborne and following the recommendations from our Provincial body The Ontario Hockey Federation as well as the Chief Medical Officer and Public Health to ensure the return to play is safe for all players, coaches and parents.

The Port Colborne Minor Hockey has designated a group of Board members (Randy Huggins and Ted Brown) along with the Head Trainer to ensure all up to date information set out by Public Health will be communicated to parents and players as well as implemented within our safety guidelines.

Return to Play Plan Safety Guidelines and Procedures

- **Enter and Exit Points for traffic flow set out by the city will be followed by the club**
- **Hygiene/Personal Protective Equipment**
- **Tracking Program**
- **Screening Process**
- **Protocols for participant presenting with symptoms**

Enter and Exit Points for traffic flow set out by the city will be followed by the club

- Participants are to arrive at the facility no earlier than 15 minutes prior to scheduled rental time and vacate the facility no later than 15 minutes after the rental ends.
- Use designated Rink entrance/exit and follow directional arrows for pedestrian traffic.
- Dressing room allocation will be posted on the monitor.
- A designated skate tying area will be provided for children needing assistance.

Hygiene/ Personal Protective Equipment

- Participants will use an alcohol based hand sanitizer available to all players/parents when entering the arena or will ensure hands are washed for a minimum of 20 secs upon entering.
- All participants, including coaches and parents will be asked to wear a mask while in the arena, and at all times where social distancing (2 meters) cannot be enforced.
- Trainer kits will be stocked with gloves, extra masks and hand sanitizer.
- A touchless thermometer will be available in the minor hockey room.
- Trainers will be expected to wear gloves and a mask when tending to a player's injury, the gloves will then be changed to a new pair of gloves
- If a player is in need of a tissue, it will be discarded immediately in a lined waste basket with a lid.

Port Colborne Minor Hockey Association

Tracking Program

- Each team will ensure the tracking of their players and parents' attendance
- Port Colborne Minor Hockey will be using the tracking document sent out by Ontario Hockey Federation <https://www.ohf.on.ca/media/isintuvh/session-participation-and-health-screening-tracking.pdf>
- All health questionnaires, personal information, screening will be kept by each team trainer.
- All parents (1 parent allowed per child under the age of 18) will be registered upon registration to ensure effective tracking.

Screening Process

- It is mandatory that all members, parents, players and instructors, undergo a Covid self-assessment before attending any sessions.
- All registrants will be provided the OFH health-screening-questionnaire upon registration.
- <https://www.ohf.on.ca/media/lphf5rv4/health-screening-questionnaire.pdf>

At the Arena, a verbal screening will occur :

- Players/ parent will be met at the entrance of the facility by a trainer, who will complete the screening process with all players.
- Trainers will then ensure all players/parents have a mask
- The trainer will then ask them the Covid screening questions. A log will be kept by the trainer.
- Players will be instructed on where they will be sitting (chairs/bench clearly marked 2 meters apart) to put on their skates and helmets.
- The players will then proceed to the ice surface and will be instructed to place their labelled water bottles on the bench in a space clearly marked, and 2 meters from any teammate.
- Under no circumstances will players/staff be allowed to share any water bottles.

Port Colborne Minor Hockey Association

Protocols for participant/parents and staff presenting with symptoms of Covid-19

- **Participant/parent/staff feels ill at the facility:**
 - The participant will advise the staff immediately of their symptoms
 - The participant will be tended to and given a mask while being removed from the activity by the trainer who will also be wearing a mask and gloves, immediately
 - The parent will be notified to go home and contact their family physician/public health while they monitor their symptoms on the advice from the physician and public health officials
 - The trainer will log the event on our tracking sheet and follow up with the participant/parent the next day
 - The participant will not be allowed to return to the activity without a return to play note from their family physician
 - Port Colborne Minor Hockey Head Trainer will communicate to the group on the status of the player as soon as notified by the parent.

Participant/Parent/Staff report they have tested positive for Covid 19:

If a sick participant (or their parent/guardian if the participant is a minor) elects to inform a team/hockey association/Member that they have been diagnosed with COVID-19, the individual informed shall seek the sick participant/their parent's/guardian's consent to contact public health authorities in order to obtain advice on communication with other potentially impacted participants. The sick participant (or their parent/guardian if the participant is a minor) should be asked to advise Public Health of this consent. Explain the communication that will take place and **NEVER** disclose the sick person's contact information.

Port Colborne Minor Hockey, along with its families, will work alongside the City of Port Colborne and Public Health officials to ensure we provide a safe environment for all parties involved while we return to play the sport we all love.